

# What Your Dollar Buys in 2016

Education		
Per Pay for 26 Pay Periods*	Total Donation for the Year	How You Create Impact
\$2	\$50	You can provide 50 children with opportunities to experience martial arts, gymnastics and the arts.
\$4	\$100	You can provide a nutritious hot meal for 45 children in need.
\$10	\$250	You can send a child to camp for a week.
\$19	\$500	For one year, you can provide a lunch for any child who comes to school without one.
\$29	\$750	You can send 30 youth to a week-end leadership training program.
\$46	\$1200	You can provide over 3,000 healthy snacks to after-school club members for an entire year.

Income		
Per Pay for 26 Pay Periods*	Total Donation for the Year	How You Create Impact
\$2	\$50	You can help a child affected by domestic violence learn how to cope with and heal hurtful experiences.
\$4	\$100	You can help someone overcome barriers to finding employment by providing clothing, transportation, or childcare.
\$10	\$250	You can buy a bed and help shelter someone who was previously homeless.
\$19	\$500	You can help 9 people navigate the justice system and establish positive community connections.
\$29	\$750	You can provide employment training and job matching support services for a skilled immigrant.
\$46	\$1200	You can help 2 families who have a history of homelessness find or maintain housing.

## Wellness

Per Pay for 26 Pay Periods*	Total Donation for the Year	How You Create Impact
<b>\$2</b>	<b>\$50</b>	You can provide a week of in-home support for someone recovering after hospitalization.
<b>\$4</b>	<b>\$100</b>	You can provide one week of hot meals for a family of 5 who is coping with cancer treatments or a chronic illness.
<b>\$10</b>	<b>\$250</b>	You can buy complete program materials for 2 individuals who are learning to cope with mental illness and thoughts of suicide.
<b>\$19</b>	<b>\$500</b>	Provides a home for a month – a roof, a meeting place and access to services – for an individual learning to cope with epilepsy.
<b>\$29</b>	<b>\$750</b>	You can help 44 seniors receive support to stay in their homes and feel connected to the community.
<b>\$46</b>	<b>\$1200</b>	You can send 4 clients who are learning to cope after a spinal cord injury to a 12 module empowerment training workshop.

\* Rounded to nearest dollar.