

## 2022 Impact

"Our clients are always grateful to receive hygiene products and we really appreciate the work you're doing to bring these donations to organizations and individuals who need them! Keep it up!"

- Period Promise Client, Turning Point Society

"Our clients are very happy that they don't have to use toilet paper or paper towels or worry about staining their clothes."

-Period Promise Client, Safe Harbour Society

We have a number of clients that come in on a regular basis each month to obtain the products as they cannot afford to go purchase the items. We have some families that require enough products for 3 plus girls in the home."

- Period Promise Client, Red Deer Outreach Centre

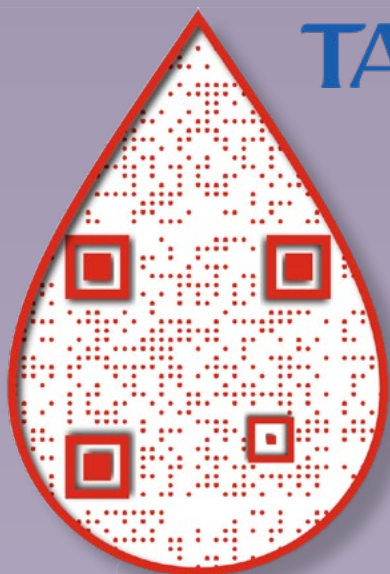
**TAMPAX**



**SOROPTIMIST**<sup>®</sup>  
Investing in Dreams



**GRAND & TOY**



*Ultra-thin  
Absorbent*



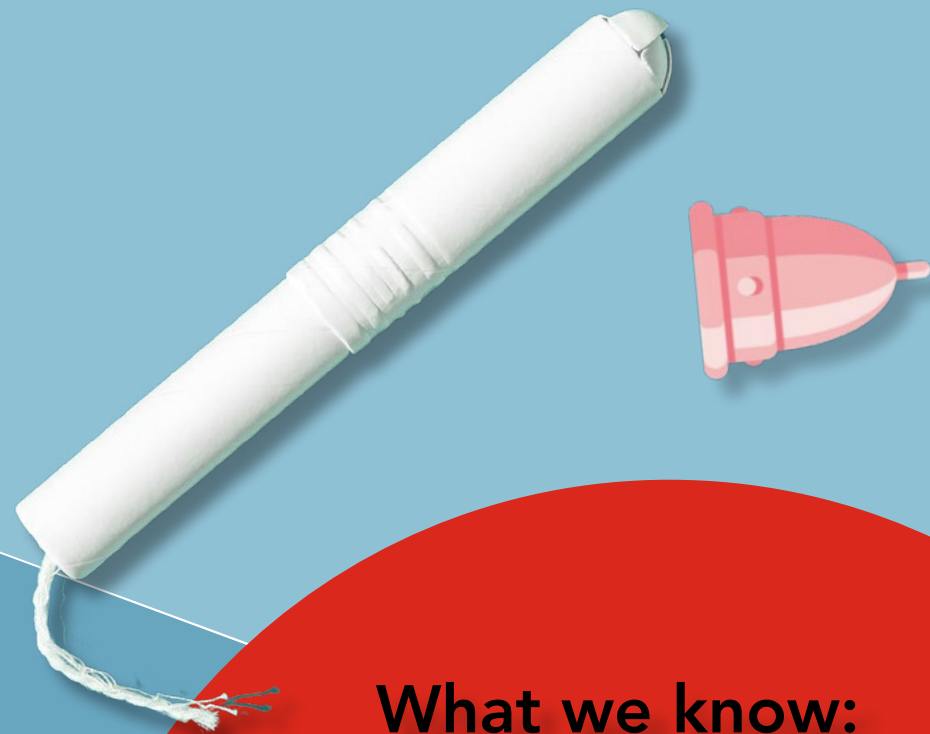
**United Way**  
Central Alberta

**Period Promise 2023**

# Unscented Leak-free

Monthly  
menstruation  
products are a  
necessity.

But if you're living in poverty, or vulnerable in other ways, access to menstrual products can be a challenge.



The Period Promise campaign by United Way is an easy way to help everybody live with the dignity that we all deserve.

## Join us and be a part of the solution in three ways:

1. **Run a campaign in Spring 2023** to collect tampons, pads, and other menstrual products to support vulnerable people in our communities.
2. **Make a financial donation** to support the campaign and allow agencies in our communities to have funding to purchase menstrual products for their clients.
3. **Sign on to the Period Promise Policy Agreement** and commit to providing menstrual products to staff, clients, guests, and customers.

## What we know:



Almost **one quarter of Canadian women** say they have struggled to afford menstrual products for themselves or their children.



Almost **60%** of community organizations say they are asked for free menstrual products.



Almost **80%** of community agencies don't have the money to buy them.

When people don't have access to menstrual products, they **miss school, work, or other opportunities to contribute to their community.**