

## Our Local Impact

"Our clients are always grateful to receive products and we really appreciate the work you're doing to bring these donations to organizations and individuals who need them! Keep it up!"

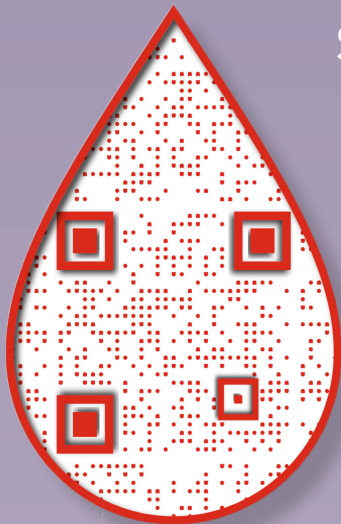
- Period Promise Client, Turning Point Society

"Our clients are very happy that they don't have to use toilet paper, paper towels or worry about staining their clothes."

-Period Promise Client, Safe Harbour Society

"We have a number of clients that come in on a regular basis each month to obtain the products as they cannot afford to go purchase the items. We have some families that require enough products for 3 plus girls in the home."

- Period Promise Client, Red Deer Outreach Centre

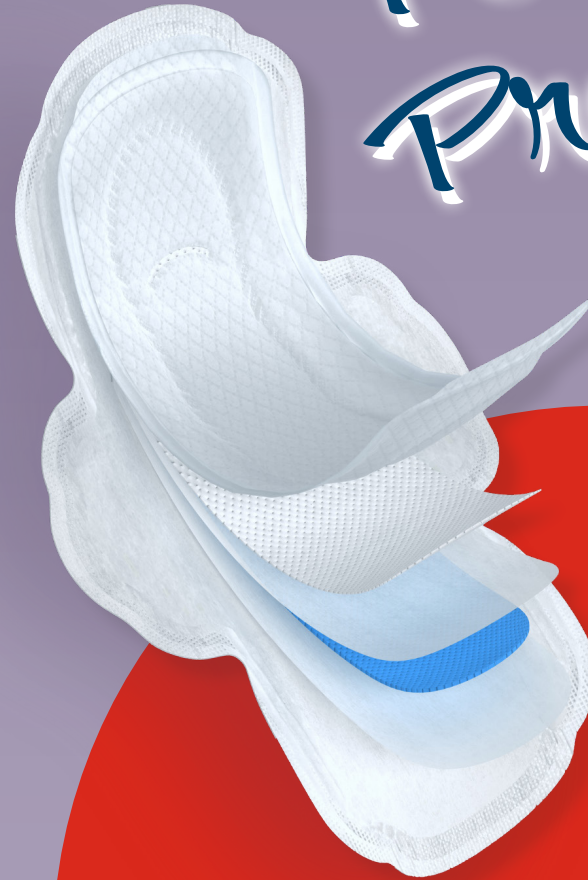


## Supporting Sponsors

**TAMPAX**



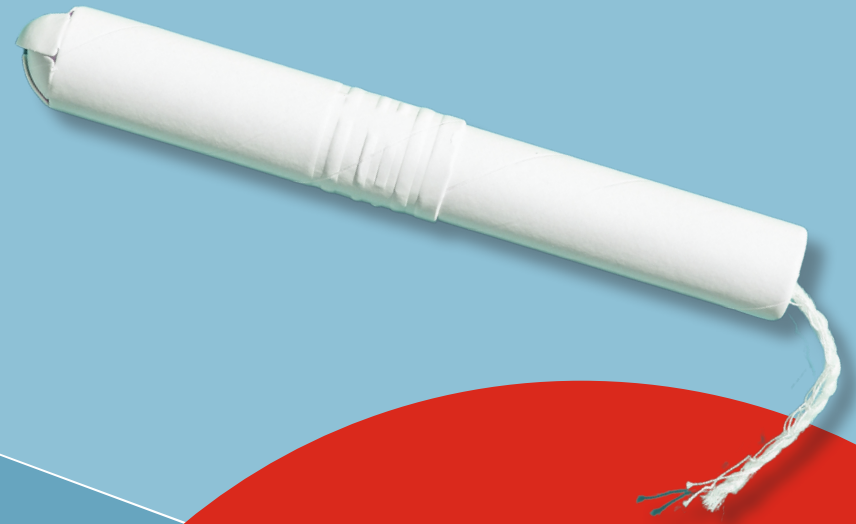
# Period Promise



**United Way**  
Central Alberta

Find more information at [ca.unitedway.ca/period-promise/](http://ca.unitedway.ca/period-promise/)

# Reduce Period Poverty Locally



Period  
Products are a  
Basic Human  
Need

Many Central Albertans struggle to afford menstrual products, greatly impacting physical health, mental wellness, and other areas of life.

## Three ways to lead local change:

1. **Run a collection campaign** by gathering tampons, pads, and other menstrual products in your workplace, group, or community.
2. **Make a financial donation** to fund local agencies in purchasing menstrual products year-round.
3. **Sign our Period Promise Policy Agreement** and commit to providing free menstrual products to staff, clients, guests, and customers.

## What we know:



**One quarter of menstruating Canadians** have struggled to afford menstrual products for themselves or children.



**60%** of community organizations say they are asked for free menstrual products.



**80%** of communities agencies don't have the money to buy products.

When people don't have access to menstrual products, they **miss school, work, and other opportunities to participate in community.**